



SAGE NEWS

SAGE Metro St. Louis

March 2009

Founding SAGE Ambassador Program

Dear Community Member:

SAGE Metro St. Louis invites you to become a Founding SAGE Ambassador. As a SAGE Ambassador you are investing in your future and creating a legacy for generations to come.

Enhancing the quality of life of lesbian, gay, bisexual and transgender (LGBT) older adults through service, advocacy and community awareness is our primary mission. Accomplishing this mission requires the involvement and support of the LGBT community and our allies.

SAGE Metro St. Louis was incorporated in June 2008, and this is our first formal appeal for the funds needed to support and sustain this growing organization and programs that benefit the LGBT community. *All donations received by June 30, 2009 will be recognized as Founding SAGE Ambassadors.*

The Founding SAGE Ambassadors are at the forefront of building something new across Metro St. Louis - a community that honors, respects, supports and encourages the active involvement of LGBT older adults, caregivers, their family and friends.

SAGE provides the following core services:

- Social Activities and Support Groups
- Advocacy
- Information and Referral Network
- Community Trainings and Workshops
- Community Outreach

With your generous support, the core services will continue to grow as we work to build a community of support based on equality and access to services. At SAGE, we believe that our community is a community that cares, shares, and has the capacity to provide support for and with LGBT older adults. We thank you in advance for investing in SAGE! Online donations accepted at www.SageMetroSTL.org or you can send a check to SAGE using the donation form on the back page of the newsletter.

Serving you with PRIDE!

Sincerely,

A handwritten signature in black ink, appearing to read "Barbara Gilchrist".

Barbara Gilchrist, Board President

A handwritten signature in black ink, appearing to read "Sherrill Wayland".

Sherrill Wayland, Executive Director

SAGE Advisory Council

Many of you have asked if you can volunteer with SAGE. Well the answer is yes! Give of your talents and time by becoming a member of the SAGE Advisory Council. As a SAGE Advisory Council member, you will assist SAGE staff as we develop programs that best meets the needs of the LGBT community. The SAGE Advisory Council will meet monthly for the following purpose:

To assist SAGE staff through identifying needs, developing programs, content, and evaluation. To assist in committee work, and to advise the Executive Director. To represent SAGE by informing the community about SAGE programs. To advocate for LGBT elders on the local, state and national level.



Requirements for the SAGE Advisory Council include:

- 50 years of age or older.
- Regular attendance at meetings.
- Completion of application and selection by board of directors
- Be enthusiastic and interested in SAGE programs and activities.

To apply for the SAGE Advisory Council, complete the application found at the end of the newsletter and send to the SAGE office or complete the online application at www.SageMetroSTL.org following the link on the homepage.

All applications are due by March 26th.

SAGE Referral Network

The primary barrier cited in regard to LGBT older adult services is potential discrimination and fear of discrimination within the long-term care system. With this in mind, SAGE set a priority of establishing an LGBT inclusive Information and Referral Network with long-term care service providers. SAGE is happy to announce that after 9 months of community outreach, our strategic goal has been realized.

Today, we have over 20 service providers including: Geriatric Care Management, Counseling, Home Care, Private Duty Nursing, Retirement, Independent Living, Skilled Nursing Homes, Hospice, Information and Referral, Caregiver Support, Legal, Financial, and Insurance organizations who have joined the SAGE Referral Network. By joining the network, the organization agrees to serve LGBT older adults, caregivers, their family and friends in a nondiscriminatory manner which promotes the dignity, safety and wellbeing of all older adults. Organizations joining the network are provided with the opportunity for staff training and ongoing technical assistance from SAGE. It is important that you interview agencies within the network to ensure a best fit for your individual needs. You can view the network at www.SageMetroSTL.org and then click on the Referral Network Tab.

National Healthcare Decision Day—April 16, 2009

Planning for the future is essential for those of us in the LGBT community. If you should become ill or incapacitated, **who will be allowed to make decisions for you?**

Do you want your partner, a close friend or relative to make these decisions? Do you have a Durable Power of Attorney for health and financial decisions? If not, someone other than your first choice may be allowed to make decisions or someone may have to become your guardian and conservator.



To ensure that the person of **your choosing** is allowed to make financial and health decisions on your behalf, you need to have a **Health Care Durable Power of Attorney and Durable Power of Attorney for Finances**.

In honor of National HealthCare Decision Day, the St. Louis University Elder Law Clinic is hosting a **FREE** Durable Power of Attorney Clinic for LGBT Older Adults. Under the supervision of Barbara Gilchrist, SLU law students will be available to assist you in completing these legal documents.

Space is limited and reservations are required. Available appointment times are every half hour from 12 noon to 4 pm. To schedule an appointment call or email the SAGE office with two appointment preferences: (314) 821-4845 or swayland@sagemetrostl.org

Event Details:

Date: Thursday, April 16th

Time: 12 noon to 4 p.m.

Location: SLU Law Clinic, 321 Spring Ave., St. Louis, MO 63116

All conversations and document preparations are confidential.

For information on Missouri Durable Power Attorney go to:
<http://www.mobar.org/535a6273-a632-4566-ae96-1443851e3568.aspx>

For information on National Healthcare Decision Day go to:
<http://www.nationalhealthcaredecisionsday.org/Welcome.htm>

SAGE Drop-In—Every Thursday



Drop-in and join your friends for games, movies and lively conversation every Thursday at the LGBT Community Center from 12 noon to 4 p.m.

Location:

LGBT Community Center
625 N. Euclid – Suite 420
St. Louis, MO 63108

SAGE LGBT Grief Support Programs

The SAGE LGBT Grief Support programs are open to all LGBT adults (18 or older) who have experienced the death of a partner, family member and/or friend. The groups are led by trained facilitators.

6-Week Grief Support Groups

Date: Thursdays, March 5—April 9, 2009

Time: 7 p.m. to 9 p.m.

Location:

LGBT Community Center

625 N. Euclid – Suite 420

St. Louis, MO 63108

Call or email the SAGE office to register for this program.

Monthly Grief Discussion Group

Date: 3rd Tuesday of the month

Time: 6:30 to 8 p.m.

Location:

LGBT Community Center

625 N. Euclid – Suite 420

St. Louis, MO 63108

When arriving to Center after 6 p.m., call (314) 367-1168 and someone from the office will meet you at the front door to let you in.

Coming Out in Later Life - Presentation - March 7

SAGE will be facilitating a roundtable discussion about "Coming Out" in later life at the "Celebrating Women: Reinventing Ourselves After 50" conference to be held at the University of Missouri—St. Louis. The discussion will include an understanding of the coming out process, the experiences of older women who came out after the age of 50 and the supports available in the community.

The conference is free, with a \$5 charge if you wish to have lunch.

For more information and registration contact UMSL at:

(314) 516-5974

www.umsl.edu/divisions/conted/conferences/celebrating/schedule.html



PROMO LGBT Equality Day - March 25

Join with SAGE Metro St. Louis as we attend the PROMO LGBT Equality Day in Jefferson City. This is your opportunity to join with advocates from across Missouri as we speak with our elected officials regarding LGBT equality.

PROMO will provide bus transportation from St. Louis to Jefferson City. A registration fee is required: \$15 (\$5 for students/low income)

Register with PROMO by March 18th to ensure space on the bus by calling or registering online at: (314) 862-4900 or <http://promoonline.org>

SAGE Café Potluck Brunch—March 28th, 2009

Invite your friends and join us for a SAGE Café on Saturday, March 28th. Bring your favorite covered dish and enjoy a morning of lively conversation and great food! We hope to see you there. All are welcome to attend this event.

Date: Saturday March 28th
Time: 10:30 am to 12:30 pm
Location: Lafayette Park United Methodist Church
2300 Lafayette Ave.
St Louis, MO 63104

RSVP to the SAGE office if you plan to attend: swayland@sagemetrostl.org or (314) 821-4845.



FOSSILAGE & SAGE Potluck, Bellville IL, April 9th, 2009

FOSSILAGE (For Our Slightly Older Gay & Lesbian Elders) and SAGE Metro St. Louis are hosting a Potluck in Bellville, IL. All are welcome to attend, so come out and join with our LGBT community in Illinois for this potluck. Bring a covered dish and invite your friends to join us. SAGE will give a brief presentation after the meal.

Date: Thursday, April 9th
Time: 6:30 p.m. to 8:30 p.m.
Location: Programs and Services for Older Persons (Furer Hall—Basement)
201 N. Church Street
Bellville, IL 62220

RSVP to the SAGE office if you plan to attend: wayland@sagemetrostl.org or (314) 821-4845.

SAGE Advisory Council Application

Date: _____

Name _____ Age: _____

Address: _____ State: _____ Zip: _____

Phone Number: _____ Email: _____

Please list any skills or talents you have that will benefit the SAGE Advisory Council:

Please provide a short bio:

Why do you want to be on the SAGE Advisory Council?:

Return by mail to: SAGE Metro St. Louis ~ P.O. Box 260016 ~ St. Louis, MO 63126

Or email the above information to: swayland@sagemetrostl.org



Founding SAGE Ambassador Donation Form

Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Donation Amount: _____ I wish for my donation to remain anonymous: _____ Yes _____ No

Donations made to SAGE Metro St. Louis are tax deductible. According to MO State Law, all returned checks may be accessed a \$25 fee.

Return this form along with your check to:

SAGE Metro St. Louis
P.O. Box 260016
St. Louis, MO 63126

Thank you for supporting SAGE Metro St. Louis by becoming a Founding a SAGE Ambassador.

Celebrate Spring Benefit Concert—April 26, 2009

Prepare to be delighted! Come to Clayton on the Park on April 26 for a refreshing afternoon of music and desserts, with Loretta Haggard on flute, and Susan McIntosh at the piano. Welcome spring with the sounds of Bach, Telemann, Scarlatti and Rachmaninoff, followed by an intermission with assorted cakes, coffee and tea. Then complete the day with selections of soothing jazz for the Bolling suite, followed by some uplifting Ragtime Piano!

Date: Sunday, April 26th
Time: 2 p.m. to 5 p.m.
Location: Clayton on the Park
8025 Bonhomme Ave, St. Louis, MO 63105



Tickets can be purchased online at: www.SageMetroSTL.org by clicking on Tickets.

Advance purchase: \$20 At the door: \$25

Purchase tickets by mail: send a check for the number of tickets you want to purchase with "Celebrate Spring" written on the memo line to: SAGE Metro St. Louis ~ P.O. Box 260016 ~ St. Louis, MO 63126

(Parking is available in the parking garage, east side of building.)

Sponsors for this event include: Susan McIntosh, Loretta K. Haggard, Sharon Spurlock, Marry Anne Tolliver, Kim Kopff, Sherrill Wayland, and Clayton on the Park—a Referral Network Partner.

March 2009

SAGE Metro St. Louis
P.O. Box 260016
St. Louis, MO 63126

Phone: (314) 821-4845
email: swayland@sagemetrostl.org
web: www.SageMetroSTL.org



SAGE Metro St. Louis strives to enhance the quality of life of LGBT older adults through service, advocacy and community awareness.

Thank You!

A HUGE thank you to all of the community members who joined us at the Juke Box Jamboree! Because of your generous giving, SAGE now holds the record for the most money raised at the monthly Juke Box Jamboree—\$1115.

And to Tabbi Katt, Veronica Leigh Taylor, Trixie LaRue and the rest of the Juke Box performers, thank you for hosting this event and for the enthusiasm shown throughout your performance! The Juke Box Jamboree embodies the spirit of giving back to community.

Thank you!!!

Founding Board of SAGE Metro St. Louis

Barbara Gilchrist, JD, PhD, Board President - St. Louis University Law Clinic
Ernest Gonzales, MSW - PhD Student, Board Vice-President - George Warren Brown School of Social Work, Washington University in St. Louis
Anneliese Stoeber, MSW, Board Secretary/Treasurer, - St. Louis Area Agency on Aging
Charlotte Ellis - Old Lesbians Organizing for Change
Dennis Hostetler, PhD - PrimeTimers St. Louis
Carl Lathan - Hope Hospice
Charles Koehler - PrimeTimers St. Louis
Denise King, PhD - University of Missouri St. Louis, School of Social Work
Rudy Nickens - The Black Rep, Executive Director
Eugene Potchen-Webb, Business Owner and Trans Educator

Staff

Sherrill Wayland, MSW - Executive Director