



# SAGE NEWS

## *SAGE Metro St. Louis*

January 2009

### **SAGE Age?**

One of the most common questions heard over the past several months is, "What is the minimum age to participate in SAGE," the answer simply is SAGE does not have a minimum age requirement for participation. This may not be the answer that many are looking for, but defining older adult is often best left to the *eye of the beholder*. The fact is, we are all aging and if we live long enough, we will all experience ageism. One of the key aspects of SAGE is to overcome ageism and promote the positive aspects of aging. This can not be done in a vacuum and as such we seek the support and involvement of the LGBT community across the generations.

For those seeking a more specific answer, some of our programs may have an age minimum due to the nature of the program and/or potential funding mechanism used. Most programs supported through federal funding accessed through the Older Americans Act recognizes the age of 60 and/or disability status for eligibility. However, with increased attention placed on the aging of the baby boom generation, older adult is often referred to as anyone 50 years of age or older. Unless you see a specific age minimum, and you believe you would benefit from a SAGE program, then we encourage your participation.

Participation in SAGE is not so much about your specific age, but the support and opportunities we provide as a community to LGBT older adults, caregivers, their families, and friends. If you have any questions about your participation with SAGE, please feel free to the SAGE office.

### **SAGE Receives First Grant**

SAGE Metro St. Louis was awarded a grant in the amount of \$2300 from the Metropolitan Community Church of Great St. Louis (MCCGSL). This grant will be used to provide programmatic support to SAGE. We would like to thank MCCGSL for recognizing the work of SAGE and supporting this new and growing organization.



Sherrill Wayland and Barbara Gilchrest receive grant from Reverend Carol Trissill.

### **Inside this issue:**

SAGE Café	2
SAGE Luncheon Tower Grove Manor	2
SAGE/PROMO Lobby Day Training	3
SAGE Drop-In	3
SAGE LGBT Grief Support Group	3



Community members enjoy lively conversation, music and good food at the SAGE Café Potluck.

## Cold Morning Does Not Stop the SAGE Café

On the morning of December 20<sup>th</sup>, over 40 community members braved the cold weather and joined us for the SAGE Café Potluck Brunch. The group enjoyed lively conversation, great food and musical entertainment provided by song writer and singer Julie Schurr. We look forward to hosting SAGE Café events throughout the year.



Historic Tower Grove Manor

## SAGE Luncheon and Open House at Tower Grove Manor

Save the date for a SAGE Luncheon hosted by Tower Grove Manor on Wednesday, February 18<sup>th</sup> at 11:30 am. Tower Grove Manor is a historic Senior Living complex located on South Grand. Operated by St. Andrews, Tower Grove Manor is one of several senior living communities open to LGBT older adults throughout St. Louis City and County. We invite you to join us for the luncheon and open house. Tower Grove Manor will provide you with a free lunch, overview of services and a tour of Tower Grove Manor. SAGE is very excited about this opportunity and look forward to you joining us. Please RSVP by phone or email and indicate any special dietary needs you may have. For information on Tower Grove Manor go to [www.towergrovemanor.org/](http://www.towergrovemanor.org/)

Date: February 18, 2009  
 Time: 11:30 a.m. - 1:30 p.m.  
 Location: Tower Grove Manor  
 2710 South Grand Blvd.  
 St. Louis, MO

RSVP for the Luncheon Today:  
 Phone: 314-821-4845  
 Email:  
[swayland@sagemetrostl.org](mailto:swayland@sagemetrostl.org)



## SAGE and PROMO Host Lobby Day Training

Each year PROMO sponsors the Lobby Day in Jefferson City, where LGBT advocates and allies walk the halls of state capitol, speaking with state legislators. Again this year, MONA (Missouri Nondiscrimination Act) will be introduced by LGBT supportive legislators. SAGE and PROMO will provide training for LGBT older adults regarding tips for speaking with legislators and how MONA impacts you as an older adult. Make plans to join us for this training.

For more information on Lobby Day contact PROMO at [www.promoonline.org](http://www.promoonline.org).

Date: Thursday, February 12, 2009

Time: 12:30 p.m. to 2:30 p.m.

Location:

LGBT Community Center

625 N. Euclid – Suite 420

St. Louis, MO 63108

## SAGE Drop-In

The SAGE Drop-In is back for the new year. The SAGE Drop-In occurs every Thursday afternoon from 12 noon – 4 p.m. and is open to all older adults looking for a safe space to gather for lively discussion, friendship, movies, and board games. During the winter months in St. Louis, it is often hard to predict the weather. In the event that bad weather causes us to cancel the SAGE Drop-In, an email will be sent by 10 am on the morning of the Drop-In. Feel free to bring your lunch and join in on the fun.

Date: Thursdays

Time: 12 noon to 4 p.m.

Location:

LGBT Community Center

625 N. Euclid – Suite 420

St. Louis, MO 63108

**(There will not be a Drop-In on Jan. 29th.)**

## SAGE LGBT Grief Support Groups

SAGE LGBT Grief Support Groups are open to all LGBT adults (18 or older) who have experienced the death of a partner, family member and/or friend.

SAGE is currently taking registration for the March/April Grief Support Group, with additional groups being planned for June, September and December. Reserve your space for the next group by calling 314-821-4845 or via email to [swayland@sagemetrostl.org](mailto:swayland@sagemetrostl.org).

Date: Thursdays, March 5—April 9, 2009

Time: 7 p.m. to 9 p.m.

Location:

LGBT Community Center

625 N. Euclid – Suite 420

St. Louis, MO 63108

January 2009

SAGE Metro St. Louis  
P.O. Box 260016  
St. Louis, MO 63126

Phone: (314) 821-4845  
email: [swayland@sagemetrostl.org](mailto:swayland@sagemetrostl.org)  
web: [www.SageMetroSTL.org](http://www.SageMetroSTL.org)



SAGE Metro St. Louis strives to enhance the quality of life of LGBT older adults through service, advocacy and community awareness.

SAGE Metro St. Louis is an affiliate organization of SAGE USA sharing a common purpose: to improve the overall quality of life of LGBT seniors; to support and advocate for the rights of LGBT seniors; to foster a greater understanding of aging in all communities; and to promote positive images of LGBT life in the later years.

## **Founding Board of SAGE Metro St. Louis**

**Barbara Gilchrist, JD, Phd**, Board President - St. Louis University Law Clinic

**Ernest Gonzales, MSW** - Phd Student, Board Vice-President - George Warren Brown School of Social Work, Washington University in St. Louis

**Anneliese Stoeber, MSW**, Board Secretary/Treasurer , - St. Louis Area Agency on Aging

**Charlotte Ellis** - Old Lesbians Organizing for Change

**Dennis Hostetler, Phd** - PrimeTimers St. Louis

**Charles Koehler** - PrimeTimers St. Louis

**Denise King, Phd** - University of Missouri St. Louis, School of Social Work

**Rudy Nickens** - The Black Rep, Executive Director

**Eugene Potchen-Webb**, Business Owner and Trans Educator

### **Staff**

Sherrill Wayland, MSW - Executive Director